Attachment and Psychopathology
Patricia M. Crittenden PhD

Friday 14 - Sunday 16 November 2014
Fee: £495
(£450 if booked by 30 April 2014)
Tavistock Centre, London
This 3-day course focuses on the development, prevention and treatment of psychological disorder. It weaves together theory, human development, assessment, case examples and treatment applications to reframe maladaptive behavior in terms of strategies for self-protection. The course focuses on development from infancy to adulthood, emphasizing the process of adaptation and developmental pathways that carry risk for psychopathology.

The model used is the Dynamic-Maturational Model (DMM) of attachment and adaptation.

The DMM is relevant to individuals who are at-risk, have been exposed to danger, display disturbed or maladaptive behavior, or are diagnosed as having a psychiatric disorder. A particular emphasis is cultural influences on attachment.

The course is structured developmentally and consists of lecture with slides, videotapes and interview transcripts to demonstrate the patterns and principles of development. A set of readings and exercises, tied to each day's material, are offered.

An introduction is given to the DMM assessments of attachment:

- CARE-Index (infancy from birth to 24 months)
- Ainsworth Strange Situation (SSP, 11-15 months)
- Toddler CARE-Index (15-36 months)
- Preschool Assessment of Attachment (PAA, 2 - 5 years)
- School-age Assessment of Attachment (SAA, 6-13 years)
- Family Drawings (4 -13 years)
- Transition to Adulthood Attachment Interview (TAAI, 16-25 years)
- Adult Attachment Interview (AAI, 25 years and older)
- Parents Interview

The A & P course is a prerequisite to all assessment courses, e.g. the Adult Attachment Interview.

Supplementary reading:

Patricia M. Crittenden has many years experience as an academic and practitioner in the fields of child abuse, attachment theory and family therapy. After her training with Mary Ainsworth, she served on the Faculties of Psychology at the Universities of Virginia and Miami. She has held visiting positions at the Universities of Helsinki and Bologna, as well as the Clark Institute of Psychiatry (Canada), San Diego State University (USA) and Edith Cowan University (Australia). She is well known for having developed the Dynamic-Maturational Model (DMM) of attachment and adaptation and is one of the founders of the International Association for the Study of Attachment (IASA). In 2004, she received a Career Achievement Award from the European Family Therapy Association. In addition, she has published more than 100 scientific papers and several books.

Each day includes:

1. a developmental overview
2. information processing as it affects self- and child-protective behavior,
3. description of new self-protective strategies that develop at the age level,
4. an application of DMM ideas to generate a novel approach to disorder
5. treatment strategies drawn from all the major theories of treatment and selected on the basis of information processing and strategy.

This course is aimed at professionals who work with troubled families or individuals, including:

- psychiatrists
- psychologists
- lawyers
- social workers
- teachers
- nurses
What you will take away from this programme?

New skills:
- Perceiving discrepant behaviour: seeing commonly overlooked clues to trouble
- Identifying false-positive affect: uncovering hidden problems in their early stages
- Differentiating symptoms and self-protective strategies: specifying how symptoms function
- Functional formulation: moving beyond diagnoses to understanding behaviour
- Treatment planning: choosing treatment strategies to
  - increase efficiency
  - lower cost
  - reduce risk of iatrogenic harm

Take-away Tools:
- Level of Family Functioning Scale
- Gradient of Intervention Scale

Downloadable materials: [www.patcrittenden.com](http://www.patcrittenden.com)
- Daily text of slides (with registration only)
- Colour models of strategies
- Numerous published papers

PROGRAMME

DAY ONE - INFANCY AND PRE-SCHOOL

Morning
Evolution, danger and brain
Infancy and parental protection
The Ainsworth patterns of attachment

Afternoon
CARE-Index videotapes
Child abuse and neglect
Post-natal depression and psychosis

DAY TWO - PRE-SCHOOL AND SCHOOL YEARS

Morning
Disorders versus diseases
Pre-school development and the Dynamic-Maturational Model
The coercive and compulsive self-protection strategies
Cross-generational transformations

Afternoon
Adoption and foster care
ADHD and autism
Reducing coercive behaviour

DAY THREE - ADOLESCENCE AND ADULTHOOD

Morning
School-age: Peers, obsessive and deceptive strategies
Conduct problems and psychotic intrusions
Treatment: Hidden problems, recommended and risky practices
Family Drawings
The School-age Assessment of Attachment

Afternoon
Adolescence: Integrating sexuality with attachment
Sexual disorders and sexual offending
Eating and personality disorders
Dangerous gaps in services and preventative opportunities
Summary and overview

FURTHER INFORMATION
Conference, CPD and Events Unit
The Tavistock Centre,
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London NW3 5BA

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Email: mfendrich@tavi-port.ac.uk
www.tavistockandportman.ac.uk
CONFERENCE APPLICATION FORM

Attachment and Psychopathology

14 - 16 November 2014
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PERSONAL DETAILS

Please complete clearly in block letters

TITLE

FIRST NAME

SURNAME

JOB TITLE

DEPARTMENT

ORGANISATION

ADDRESS

CITY

COUNTY

POSTCODE

COUNTRY

TEL

FAX

EMAIL (please print clearly)

SIGNATURE

DATE

PAYMENT DETAILS

☐ I enclose a cheque for £495/£450 made payable to The Tavistock and Portman NHS Trust

☐ Please debit my Credit/Debit Card for £495/£450

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If your organisation will be paying and needs invoicing, please read Payment Terms and Conditions for how to arrange this.

SPECIAL REQUIREMENTS

Please indicate here if you have any special dietary or any other requirements:

WHERE DID YOU HEAR ABOUT THIS CONFERENCE?

☐ Flier

☐ Email

☐ Advert (please state)

☐ Trust website

☐ Other website (please state)

☐ Flier passed on by colleague

☐ Personal Recommendation

☐ Tavistock event/notice board

☐ Other events (please state)

☐ None of the above

TERMS AND CONDITIONS

HOW TO BOOK

☐ Please book online at www.tavistockandportman.ac.uk/AandP

☐ Alternatively, please complete this form, using BLOCK letters (photocopy this form if more than one is required, one form per person)

☐ Return the completed form and payment to the address below

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☐ Payment must be made in full and before the event

☐ Payment can be made by cheque or credit card, receipts will be issued

☐ Payment can also be made by BACS transfer, please contact the Conference Unit for details

☐ Invoices can be issued to organisations for payment, on request and on receipt of an official purchase order. Invoices will not be issued without the appropriate paperwork

☐ Invoices cannot be issued within 14 days prior of the conference date. All bookings made in this time must be paid in full at the time of booking

CONFIRMATION

☐ Bookings will be confirmed on receipt of a completed application form and full payment of the conference fee

☐ Joining instructions will be sent to you by email if an email address is given, otherwise will be sent in the post

CANCELLATION POLICY

☐ All cancellations must be made in writing to the address below

☐ All cancellations are subject to an administration charge of 10% of the conference fee

☐ Cancellations made no later than 14 days prior to the conference are eligible for a full refund minus the administration charge

☐ No refunds will be given for cancellations made within 14 days of the conference date

☐ The Tavistock and Portman NHS Foundation Trust reserves the right change the conference content, timing, speakers or venue without notice

DATA PROTECTION

The Trust does not make your details available to any external organisations. Your details will be added to our database to process your request and to keep you updated with relevant training and events

If you do not wish to receive this information, please tick the box ☐

FURTHER INFORMATION

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