



## **ANP Certificate Programme: DMM Integrative Treatment Planning**

We are pleased to announce the **2023 ANP Certificate Programme**, offered jointly by the Family Relations Institute (FRI) and The Tavistock and Portman NHS Foundation Trust, to current and past ANP delegates. The Programme will deepen participants' understanding of Attachment, Neurodevelopment & Psychopathology course content through readings, lecture-discussions, and development of individual family case treatment plans. Participation is limited to 10 professionals.

The 10 successful candidates will be personally mentored by Patricia Crittenden, PhD and Andrea Landini, MD, particularly as they develop their customized family case treatment plan. DMM treatment plans use screening assessments to arrive at novel solutions to chronic family problems or identify the need for more complete diagnostic assessment. The programme will be online.

The ANP Certificate will attest to the professional's learning of the course material, both conceptually and as applied to families. Certificate holders will bring DMM *screening* expertise to their local communities as well as meeting the prerequisites for advanced DMM *diagnostic* training, offered through The Tavistock and Portman NHS Trust and the Family Relations Institute.

### **The ANP Certificate Programme involves five activities:**

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1. Annotated readings that review and extend the material presented in the ANP lectures.
2. Attendance at 10 lectures on DMM Integrative Treatment Planning including presentation of exemplar case studies and treatment plans by previous certificate holders.
3. Screening assessment, observation, and writing a customized treatment plan for one clinical family of the course member's choosing.
4. A factual test on the content of the readings.
5. A brief summary paper on what the delegate learned and how it was applied to their work, particularly how they shared their learning with colleagues.

### **Application Requirements:**

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1. Previous attendance at the "Attachment, Neurodevelopment & Psychopathology" course;
2. Employment or in masters' or doctoral academic training as a mental health professional;
3. A BS honors, MA, or PhD.

If more applications are received than can be accepted, academic achievement and diversity of discipline and culture will be considered.

### **Timeline and Programme dates:**

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- 9 December, 2022, 1-2pm (UK time) meeting to discuss the Certificate Programme.
- 12 December, 2022 request application materials (by email to [mfendrich@tavi-port.ac.uk](mailto:mfendrich@tavi-port.ac.uk)).
- 6 January, 2023, submit the completed application, with the summaries of the reading materials.
- 13 January, 2023, notification to 10 selected applicants of acceptance the Certificate Programme.
- 20 January, 2023, last day to complete payment.

6 February, 2023, 2:30 – 5pm (*UK time*), first meeting of the ANP Certificate Programme.  
Meeting dates: Mondays 2:30 – 3:30pm (*UK time*) 6, 13, 20, 27 Feb.; 6, 13, 20, 27 March; 3, 10 April, 2023  
17 April, 2023, due date for all completed assignments.

### Course requirements

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- Course readings
  - All participants are expected to purchase, at their own cost, the following books:  
  
**Crittenden, P.M. (2016). *Raising Parents: Attachment, representation, and treatment.***  
  
**Crittenden, Dallos, Landini, & Kozłowska (2014). *Attachment & Family Therapy***
  - Reading of specific published articles; these will be made available to programme participants.
  - Participants will write brief (200-300 words) summaries of each reading to promote mastery and retention of the material.
- Delegates will select a consenting anonymized family to assess throughout the programme, with their employers' support to do so on paid work time. A recent referral to one's service agency is ideal because the assessment can feed into the intake assessment.
- Delegates will provide a copy of the family's consent.

### Fees:

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£585 per person, paid to The Tavistock and Portman NHS Foundation Trust.